

Walk, cycle or scoot to school and discover a new way to travel

- Challenge your friends and family to join you
- Enjoy exploring new routes to and from school
- ✓ Help the environment by replacing a car journey
- Improve air quality and reduce congestion

Win an Apollo kid's bike from halfords

- 1. During Bike to School Week, take a short video or post a photo and message telling us why you love to or would like to cycle to school
- 2. Follow and tag @Sustrans on Facebook, Twitter or Instagram
- 3. Post your entry with **#SustransWin** by Monday 5 October to be in with a chance of winning a brand new Apollo kid's bike





www.sustrans.org.uk/biketoschoolweek



